

Start Motor Cruising

The course aims to introduce the skills required to be a useful crew member and you will gain and understanding of how you can assist the skipper.

Duration: One day as a stand-alone course, or two days when accompanying other courses.
Minimum age: 8

Non-residential course

1 Personal Safety

Understands:

- The difference between manual and auto-inflating life jackets
- The importance of crotch straps
- Appropriate clothing
- Cold shock

Can:

- Correctly fit a life jacket

2 Seamanship

Understands:

- The importance of securely storing items before going to sea

Can:

- Keep a lookout

3 Emergency Situations

Knowledge of:

- Problems that can happen at sea

Understands:

- Their role in an emergency
- How to raise the alarm
- How to prevent man overboard
- The safety procedures on their vessel

Can:

- Deploy the anchor (8-11 year olds to observe this session only)
- Locate lifesaving appliances (LSAs) and first aid kit
- Read a position from the Global Navigation Sattelite System (GNSS)
- Use a boat hook

4 Coming Alongside/Picking up a Mooring

Knowledge of:

- What the manoeuvre entails

Understands:

- Preparation of mooring lines

- Communication and the importance of letting the helm know when they have slipped or attached the lines

Can:

- Attach fenders
- Coil a line
- Throw a mooring line
- Attach a line to a cleat

5 Boat Handling

Understands:

- The importance of crew communication

Can:

- Start and stop the engine
- Steer and control boat speed
- Pick up a mooring